

Teens

Arts/Dance/Enrichment

Anime - Japanese Animation Drawing *New*

Discover the style and beauty of the Japanese pulp media. Learn the traits and characteristics that set this art form of drawing apart from its Western counterparts using media such as pencil, ink, and watercolor. \$12 supply fee due to instructor at first class. No class 9/22 & 10/27.

Ages: 11-15

Course #	Day	Date	Time	Fee (R/NR)
19974	F	Sep 15-Nov 17	7pm-8:15pm	\$89/\$105

Instructor: Mason

Location: King Farm Community Room

Babysitting Skills

Skills taught include: responsibilities of a good sitter, questions to ask parents, first-aid information, toy safety, characteristics of different age groups and specific care needed for an infant. The legal age for babysitting is 13, however this is a terrific class for preteens who are interested in being a Mother's helper or aide. A certificate is awarded upon successful completion of course.

Ages: 11+

Course #	Day	Date	Time	Fee (R/NR)
20349	F	Oct 6-13	5:45pm-8pm	\$38/\$44

Instructor: Carver

Location: Rockville Senior Center

Ballet for Teens



Students with five or more years of experience are welcome to learn advanced ballet techniques. Students with demonstrated proficiency are encouraged to register with the Rockville Civic Ballet. If a participant registers for two or more ballet classes, a \$5 discount may be applied to one class. To receive a discount, registration must be handled by mail, fax or in-person.

Advanced

No class 10/2 & 11/27.

Ages: 13+

Course #	Day	Date	Time	Fee (R/NR)
19633	M	Sep 18-Dec 11	5:45pm-7pm	\$75/\$89

No class 11/29.

Ages: 13+

19634	W	Sep 20-Dec 6	5:45pm-7pm	\$83/\$98
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Instructor: Mangan

Location: Rockcrest Ballet Center and Park

Chat Room

Participants enjoy computers with Internet access, Sony Playstation, billiards, games, sports, table tennis, clubs, computer games, field trips, craft projects and, of course, homework time! Daily attendance is encouraged but not required. Transportation provided from Julius West and Robert Frost Middle schools. Program runs Monday through Friday, 3-6 p.m. On half-days, 12 noon-6 p.m. Closed on holidays or on days when MCPS schools are closed.

Grade: 6-8

Course #	Day	Date	Time	Fee (R/NR)
19460	M-F	Aug 28-Dec 22	3pm-6pm	\$357/\$446
19462	M-F	Aug 28-Jun 29	3pm-6pm	\$660/\$825

Location: Elwood Smith Recreation Center and Park

Girlz Club

Join a club full of fun activities, an overnight and a monthly weekend event called Girlz Night Out. You help plan the activities...the possibilities are endless! Note: Meetings and outings will be scheduled weekly. There may be nominal fees for some outings. For more information, call 240-314-8634.

Ages: 13-20

Course #	Day	Date	Time	Fee (R/NR)
20354	Th	Sep 7-Nov 23	6:30pm-8:30pm	\$10/\$15

Location: Lincoln Park Community Center

Guitar - Beginner *New*

Learn how to care for your instrument, tune a guitar, names of the strings, notes on the fret board, how to play major and minor chords, and some seventh chords. Proper picking techniques and different ways of strumming will be covered. Bring fully strung guitar (preferably acoustic), electronic tuner, and pencil. No class 11/7.

Ages: 10-16

Course #	Day	Date	Time	Fee (R/NR)
20366	Tu	Sep 19-Nov 14	7pm-8pm	\$86/\$99

Instructor: Hayton

Location: Rockville Senior Center

Hip-Hop Dance



You can learn the latest Hip-Hop dance moves with your own style! If you've got rhythm and desire, this class is for you! Wear loose fitting clothes and jazz shoes or new clean sneakers. No class 10/20.

Ages: 13-16

Course #	Day	Date	Time	Fee (R/NR)
20387	F	Oct 6-Nov 17	6:15pm-7:15pm	\$47/\$56

Instructor: Tinoco-Lliveras

Location: Twinbrook Community Recreation Center

Teens

Junior Leader

Earn Student Service Learning Credits towards school requirement as a Junior Leader. Help with arts, crafts, games and sports for elementary school-aged youth, or assist with recreation administrative duties. You may be placed at an after school Kidz Club site, with The Finest Youth Performance Troupe, or at a Playground site during the summer. Opportunities to volunteer at Rockville Special and Community Events also available. Note: Interview, orientation and training are mandatory. For more information and registration, call Karen Rawlins, 240-314-8633.

Junior Leader Program 2006-2007

Ages: 13-18

Course #	Day	Date	Time	Fee
19730	Daily	Aug 23-Jun 12	3pm-6pm	\$0

Instructor: TBA

Location: TBA

Transitions: Series 1 and 2

Back by Popular Demand! We have combined Series 1: Show Me the Money, and Series 2: Life after High School - What are my Options? We will focus on resume writing, money management, job searches, job success skills, college choices, trade school options, scholarships and more. Note: This is a Free program, however, you must register to attend. For more information call: 240-314-8634.

Ages: 15-25

Course #	Day	Date	Time	Fee
20355	W	Oct 4-Dec 20	6:30pm-8:30pm	\$0

Location: Lincoln Park Community Center

Fitness/Wellness

Rockin' Teen Yoga



Join us for flow yoga, a series of postures and breathe exercises to help build strength, flexibility and increase concentration. Yoga is a great tool to help manage stress and is proven to increase metabolism and stimulate the hormonal system, enabling students to feel more balanced. Classes will use music and silence for full expression and introspection.

Ages: 12-16

Course #	Day	Date	Time	Fee (R/NR)
20422	Sa	Sep 16-Oct 28	4pm-5:30pm	\$70/\$83
20423	Sa	Nov 4-Dec 16	4pm-5:30pm	\$70/\$83

Instructor: Bowen

Location: Thrive Yoga

Teen Tae Kwon Do *New*



Learn the basics of martial arts and how to defend yourself using blocks, punches, and kicks. Basic values of self-control, concentration, respect, discipline, confidence, and an overall positive way of life are stressed. Wear loose, comfortable clothes.

Ages: 11-19

Course #	Day	Date	Time	Fee (R/NR)
20407	Thu	Sept.28-Nov 16	4pm-5pm	\$44/\$52

Instructor: Latechinian

Location: World Karate Masters

Trips

Teen Trip - Adventure Park USA



No School Day Trip - We're off to tackle the spine-tingling turns of the raceway, challenge our friends in a game of laser tag, enjoy the arcades, miniature golf and MORE. Cost includes transportation, supervision and attraction fees. Pick-up and drop-off at Robert Frost and Julius West Middle Schools.

Grade: 6-12

Course #	Day	Date	Time	Fee (R/NR)
20356	Tu	Sep 12	12 noon-4:30pm	\$25/\$35

Teen Trip - Fright Fest 2006

No School Day Trip - Six Flags America will be full of ghosts, goblins and ghouls! Take a ride on the fun (but sometimes scary) Haunted Hay Wagon and Midnight Express Train. Cost includes admission, transportation and supervision. Bring extra money for food. Pick-up and drop-off from Robert Frost and Julius West Middle Schools.

Grade: 6-12

Course #	Day	Date	Time	Fee (R/NR)
20357	F	Oct 20	4:30pm-10:30pm	\$30/\$40

Teen Trip - Bowling and Lunch



No School Day Trip - Come with us to the local bowling alley to bowl, eat and enjoy your day off by having some fun! Cost includes bowling fee, shoe rental and supervision. Note: Bring money for lunch at the Alley restaurant. Pick-up and drop-off from Julius West and Robert Frost Middle Schools.

Grade: 6-12

Course #	Day	Date	Time	Fee (R/NR)
20358	W	Nov 1	12 noon-4pm	\$15/\$20

Teen Trip - Pottery and Movie

No School Day Trip - Are you creative or artistic? Do you like to make a mess and/or try new things? Join us when we go to the Amazing Art Studio where you will decorate a plate, mug or bowl. Afterwards, we'll go to lunch and then onto the movies (PG/PG-13). Cost includes transportation, supervision and pottery instruction/supplies. Bring money for lunch. Pick-up and drop at Julius West and Robert Frost Middle Schools.

Grade: 6-12

Course #	Day	Date	Time	Fee (R/NR)
20359	Tu	Nov 7	12 noon-4pm	\$20/\$25